

The Nurturing Network



As Neighbourhood Mothers, we cherish the importance of supporting others, as well as reserving time for ourselves - for the benefit of our well-being.

On 6th of March, in the pre-opening of the "Crossing Borders. Travelling Women Artists in the 1800s" - exhibition (7.3.-24.8.2025), Neighbourhood Mothers experienced the wholesome art and lives of women artists in the 19th century who have traveled to and studied in Germany. This was inspirational and a sign of empowerment for women in their respective abilities and skills, and proof that we can achieve what we put our minds to.

Neighbourhood Mothers Updates

The International Women's Week 2025 started for Neighbourhood Mothers in Helsinki in the evening of 5th of March. In the cultural center STOA in East-Helsinki, Neighbourhood Mothers explored arts-based methods and the use of cognitive cards to express themselves. The session was facilitated by Ingrid André, a perceptual education pedagogue and psychosomatic coach



After a nice break in the Cafe Höijer the museum's workshop space was availed to do some artwork with beeswax.

Previewing the new Ateneum exhibition was part of the "Ladies, RISE AND SHINE" -event, a collaboration with the City of Helsinki, Ateneum Art Museum, INY ry, and Neighbourhood Mothers from Nicehearts ry. The day marked a perfect start to the International Women's Day celebrations on 8th of March.



Neighbourhood Mothers from Lappeenranta celebrated the International Women's Day on the 6th of March. In total, 60 Neighbourhood Mothers participated in the event that was full of joy, togetherness, and celebrating womanhood.



On the eve of International Women's Day, another beautiful celebration unfolded in Imatra, filled with fun-filled and meaningful activities and conversations. The Neighbourhood Mothers celebrated their resilience and strength.

On 8th of March in Helsinki, International Women's Day began with an inspiring and powerful march from Senate Square to Kansalaistori.

Over 100 organizations joined to urge parliamentary parties to support the rights of women, girls, and minorities.

Nicehearts ry together with Neighbourhood Mothers from Espoo, Helsinki, and Vantaa took part in the event. From the march, the celebration was moved to the Allas Sea Pool restaurant.

Around 30 Neighbourhood Mothers dined together and engaged in lively discussions, sharing their stories and experiences from different backgrounds.

This was a perfect way to celebrate this special day and a good way to form connections, and strengthen existing ones.

International Women's Day is an important day. We celebrate women and womanhood, and it reminds us that the fight for equality continues.

